

### **ACKNOWLEDGEMENTS**



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### **ACRONYMS**



AWAS Agency for the Welfare of Asylum Seekers

BABEL Psychological Health of Migrants

CoE Council of Europe

CEFPAS Regional Training Centre for Health Professionals in Caltanissetta
CESPYD Centre of Community Research and Action at University of Seville

CHAFEA Consumers, Health, Agriculture and Food Executive Agency

CHMN Community Health Mediation Network

CHPI Croatian Public Health Institute

CIE Centro de Internamiento de Extranjeros

CIHPSW Croatian Institute for Health Protection and Safety at Work

COST ADAPT Adapting European health systems to diversity

CSO Civil Society Organisations

DG Home Migration and Home Affairs - European Commission

DG SANTE European Commission's Directorate General for Health and Food Safety

DGS Directorate General of Health
EASP Andalusian School for Public Health

EC European Commission

ECDC European Centre for Disease Prevention and Control

EKEPY Ethniko Kentro Epicheiriseon Ygeias

EU/EEA European Union/ European Economic Area

EU MS European Union Member States

EWG Expert Working Group
HPs Health professionals

IHMT Institute for Hygiene and Tropical Medicine

INMP Italian National Institute for Health, Migrants and Poverty

IOs International Organisations

IOM International Organisation for Migration

KEELPNO Hellenic Centre for Disease Control and Prevention

LEOs Law enforcement officers

MoH Ministry of Health Mol Ministry of Interior

MIPEX Migrant Integration Policy Index

MEM-TP Training packages for health professionals to improve access and quality of health ser-

vices for migrants and ethnic minorities, including the Roma

MPG Migration Policy Group
MSF Médecins sans Frontières

NCC National and Local Multi-stakeholders Consultative Committees

NGOs Non-profit organization

NIHMP National Institute for Health Migration and Poverty

NNHM National Network of Health Mediators
NRIS National Roma Integration Strategies

PLS Problem solving learning

RCC Regional Consultative Committee

SAR Situational Assessment Report
SEUB Southern European Union Borders
SIMM Italian Society of Migration Medicine

ToT Training of Trainers

UMC Unaccompanied Migrant Children

UNAR National Office against Racial Discrimination

WHO EURO World Health Organization Regional Office for Europe





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### 1. INTRODUCTION



#### 1.1. The Equi-Health Project Concept







The Equi-Health project, designed and managed by the International Organization for Migration (IOM) Regional Office Brussels, Migration Health Division (MHD), was the first direct grant agreement signed with the European Commission's DG SANTE, acknowledging IOM as a strategic long term partner ("Direct grants are based on effective collaboration with the Commission<sup>1</sup>") and furthermore working directly with Member States and contributing to the implementation of EU policies.

In fact, IOM collaboration with DG SANTE dates back to 2007 with two projects selected on the basis of a competitive call for proposals (co-funded at 60%) within the framework of the second European Health Programme 2006–2009:

- PHBLM (Increasing Public Health Safety Alongside the New Eastern European Border Line 2007-2010) is listed in the EC success stories publication in 2012
- AMAC (Assisting migrants and communities: Analysis of Social Determinants of Health and Health Inequalities 2007-2010). IOM also partnered in two other successful projects, cofunded by DG SANTE, i.e. AIDS & Mobility Europe 2007-2010 (led by the Ethno-Medizinisches Centrum) and Health Care in NoWhereLand – Improving Services for Undocumented Migrants in the EU (led by the University of Vienna).

The Equi-Health technical proposal was developed by IOM MHD RO Brussels team and submitted to the EC on the 30th June 2012; the project was signed in December 2012 and officially launched on

2 February 2013 for duration of 48 months.

### 1.2. Project specification

#### 1.2.1. Objectives

The Equi-Health action's ultimate goal was to improve the access and appropriateness of health services, health promotion and prevention to meet the needs of migrants, the Roma and other vulnerable ethnic minority groups, including irregular migrants in the EU/EEA. The project activities were divided into three distinct but interrelated sub-actions:

#### Southern EU Borders

The aim of the migrant health at Southern EU borders sub-action was to build a comprehensive multisectorial approach in upholding migrant, occupational and public health in open and/or closed centres/border facilities, and enhance the capacity of public health authorities, law enforcement services and healthcare providers in the region. This sub action included activities with the participation of Bulgaria, Croatia, Greece, Italy, Malta, Spain, (and Portugal, Cyprus and Turkey in training activities), thereby covering the Mediterranean border of the EU.



Field visit to assess migrant, occupational and public health in Croatia , April 2014

<sup>&</sup>lt;sup>1</sup> See the full text of the programme at http://ec.europa.eu/health/programme/docs/wp2012\_en.pdf

#### Roma Health

The Roma health sub-action focused on promoting dialogue among key stakeholders in governments and CSOs in support of the implementation of the health pillar of the National Roma Integration Strategies (NRIS) to allow EU MS to better monitor, share and strengthen their respective national approaches. Countries covered included EU MS with high percentage of Roma nationals and EU MS with high percentage of Roma migrants: Belgium, Bulgaria, Croatia, Czech Republic, Italy, Romania, Slovakia and Spain.

#### Migrant Health



Field Visit , Regional Pilot Intervention on Roma Health Mediation in Romania, June 2016

In line with the aim of the Europe 2020 strategy to fight exclusion, the main objective of the migration health component was to support the development of a harmonized EU approach for access to and appropriate provision of healthcare for migrants and ethnic minorities. Countries covered included EU/ EEA countries.

#### 1.2.2. Methodology

The project used varied methods:

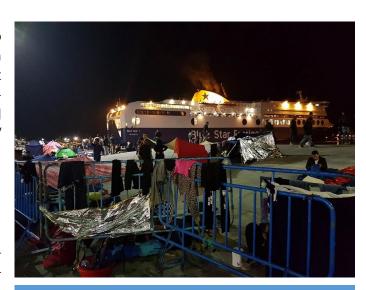
- Multi-stakeholder consultative processes: Regional Consultative Committees (RCCs) and National and Local Multi-stakeholders Consultations (NCCs) to outline priority areas to support in terms of strategies, procedures, studies and initiatives;
- Expert's involvements: thematic Expert Working Groups;

- Evidence-based research: assessment reports on the basis of desk reviews, field visits and consultations;
- Capacity building on the basis of identified needs;
- Synergy with related initiatives and EU funded projects;
- EU, Regional and National level dialogues and exchanges of practices on priority topics of interest.

#### 1.2.3 Outputs



Final Dissemination Event in Lisbon, Portugal, May 2016



Arrivals in Chios, Greece in April 2016

Overview of the outputs are shown in the following infographics.



6 Situational Assessment Reports on migrant, occupational and public health

To increase understanding of the needs and priorities

for improving migrant health in detention and border facilities in the southern EU MS

Health @ M

25 National and Local Consultative

Committees & 2 Regional Consultative Committees organized

to discuss and validate the Situational Assessment Reports and to support inter-institutional and in-country dialogue

> Training package on migrant health for Law Eenforcement Officers and Healthcare providers



Report on migrant

health data

collection

8 country multi-stakeholder perspective progress reports on the implementation of the National Roma Integration Strategy (NRIS)

To support national authorities in monitoring, sharing and strengthening national approaches to Roma health in the EU



38 National Roll-out Training Sessions for Law Enforcement Officers and Healthcare providers

4 follow-up case studies on the health component of Roma strategies



Regional Pilot Intervention on Roma Health Mediation, including 4 study field visits

Thematic Study on cost analysis of health care provisions for irregular migrants and EU citizens without insurance

To support the development of a harmonised EU appoach for access to and appropiate provision of healthcare for migrants and ethnic minorities

To strengthen the

capacity of law

enforcement officers

and healthcare providers to ensure access to and deliver

appropiate healthcare in

detention and border facilities



HE CEUSE.

MIPEX Health Strand -Summary Report and 33 Country Reports

Recommendations on access to health services for migrants in an irregular situation

## 2. SOUTHERN EU BORDERS



This sub action included national and regional level consultations, field assessments of the health situation in respect to migrant, occupational and public health, collection of migration health data templates and capacity building activities for health professionals (HPs) and law enforcement officers (LEOs). The work was organized around two major milestones: assessment and capacity building.

## 2.1. Assessment of health situation at EU southern borders



Field visits to assess migrant, occupational and public health at SEUB, Bulgaria , February-March 2014

#### 2.1.1. Desk and PHBLM methodology review

The first phase of the assessment included a desk review of latest reports and other relevant documents published in the period between 2009 and 2013 and the work done within previous actions undertaken in the same area — specifically, the "Increasing Public Health Safety alongside the New Eastern European Border" (PHBLM) project. It aimed at identifying and combining information from various sources in order to obtain the most comprehensive overview of the situation. The desk review was structured according to the following outline:

- General information/background on migration flows to the country of interest
- Legal and Policy Framework

- Migrant health
- Occupational health of staff
- Infrastructure & physical conditions
- Public health in border communities
- General measures to promote change

2.1.2. Regional Consultative Committee & Expert Working Group Meeting on priorities and methodology for the assessment of migrant, occupational and public health at Southern EU Borders (17-18 June 2013, Granada)

To prioritize and finalize the methodology for the field assessment a Regional Consultative Committee and Expert Working Group meeting was organized in Spain. The meeting gathered partners, experts and governmental representatives from Croatia, Greece, Italy, Malta, Slovakia, Spain and Turkey, IOs and EU agencies (ECDC, EAHC/CHAFEA, FRONTEX, CoE and WHO EURO/Venice/PHAME). Designed as both a regional consultative process with SEUB Member States and an expert workshop, the meeting aimed at sharing Equi-Health project plans with partners, exchanging ideas on gaps and topics to focus on during the assessment and throughout project implementation, and collecting partners' priorities and proposals to promote change in the field of migrant health as part of Equi-Health activities.



Regional Consultative Committee & Expert Working Group, Granada, June 2013

#### 2.1.3. Development of assessment tools

As a follow-up of the desk review, PHBLM methodology review and the first RCC/EWG meeting, a number of assessment tools were developed to guide field visits, including semi-structured interviews with stakeholders (health professionals, law enforcement officers, migrants and civil society). The tools were piloted during the first field visit in Italy and finalized in a compendium of assessment tools (see Box 1.)

IOM ensured that the project complied with international, European and respective national standards regarding the access to information and the voluntary character of participation in the assessment. IOM further developed an informed consent form to ensure the full understanding of the process to those involved. It also ensured to receive an ethical clearance from the Ethical Review Board in Spain.

During this preparation phase, the project team coordinated with the WHO EURO 'Public Health Aspects of Migration in Europe' (PHAME) Project and a

Regional collaboration agreement was signed between the two actions (Equi-Health and PHAME's Coordinators).



Assessment of migrant, occupational and public health in Italy, September 2013

#### Box 1. Compendium of Assessment tools

The Border Checkpoint, Point of Arrival/Disembarkation Checklist is designed to cover five topics: general information (number of staff, geographic situation, screening, etc.); health care services available; hygiene conditions; working conditions of staff and living condition of migrants.

The Point of Arrival/Disembarkation Checklist is designed to cover six topics: general information (number of staff, geographic situation, screening, etc.); health care services available; rescue at sea; hygiene conditions; working conditions for staff and living condition for migrants.

Interview Guidelines for law enforcement officers working at border crossing points, ports and/or rescue at sea operations and open/closed centres is directed to law enforcement officers working at border crossing points, ports and/or involved in rescue at sea operations, open/closed centres and for general staff at open centres. They cover seven topics: personal data (position, experience, education, etc.); the reception process and coordination; the case management of migrant and monitoring of health; data collection; working condition for staff and perceived health risk at work; health attitude, knowledge and practice of staff; knowledge and practice of policy and legal framework.

Interview Guidelines for Civil Society Representatives and Local Authorities is directed to civil society representatives, members of local organizations, NGOs, or activist groups, religious organizations, as well as local authorities' representatives, including the mayor, managers of the centres who are providing support to migrants in the border region and/or are working for the rights of migrants. They cover six topics: personal data (position, experience, education, etc.); the reception process and coordination; provision of healthcare and social/legal services to migrants; data collection; health attitude, health knowledge and practice of staff; knowledge and practice of policy and legal framework.

Interview Guidelines for Migrants is directed to migrants who are currently in open/closed centres, as well as to migrants after they have left the open/closed centre and cover six topics: personal data (origin, place of living, job, etc.); the reception process; medical and social assistance to migrants; data collection; migrant friendly health services; information and legal assistance.

Interview Guidelines for Healthcare Authorities, Practitioners & Social Workers are directed to i) healthcare professionals (authorities and practitioners) providing services in open/closed centres, border crossing points and/or points of disembarkation as well as in hospitals and healthcare facilities (physicians, nurses, etc.) and ii) psychologists/social workers. They cover seven topics: personal data (position, experience, education, etc.); the reception process and coordination; services and assistance to migrants; data collection; working condition for staff and perceived health risks at work attitude; health attitude, knowledge and practice of staff; knowledge and practice of policy and legal framework.

#### 2.1.4. Field work



Field assessments were organized in six countries in the period September 2013 - April 2014. The selection of sites was based on two criteria:

- to cover different types of management of facilities for migrants' reception;
- to cover the route of different migration flows.

In Italy, field work was done in Sicily: Caltanissetta, grants (CIE), three centres operated by NGOs, three Health (EASP). hospitals and four first reception centres.

tal of 67 interviews were conducted by a team of FRONTEX, MoH and MoI, WHO Venice, and 2 re-

experts consisting of IOM staff (Brussels and Athens), two representatives of the Council of Europe, an expert from the Hellenic Centre for Disease Control and Prevention (KEELPNO), a representative of SEEHN/Albania and one national researcher.

In Malta, around 70 interviews were conducted by a team of experts consisting of IOM staff (Brussels), a representative of ECDC, a representative of the MoH of Malta, a representative of the MoI (AWAS) of Malta, a representative of the Italian MoH and three researchers.



Field visit to assess migrant, occupational and public health in Greece, November 2013

Catania/Mineo, Siracusa/Priolo and Ragusa/Pozzallo. In Spain, field work was conducted in Madrid, Tarifa/ Around 100 interviews were conducted by a team of Algeciras and Melilla. Around 80 interviews were experts consisting of IOM staff (Brussels and Rome), conducted by a team of experts consisting of IOM a representative of the Italian MoH Directorate of staff (Brussels and Madrid), two representatives of Prevention, a representative of regional health au- the Council of Europe, a representative of FRONTEX, thorities (AUSL Reggio Emilia), and two researchers. a representative of the Mol of Italy, two researchers Sites visited included two open centres for asylum from Uppsala University and three national reseekers (CARA), one closed centre for irregular mi- searchers from the Andalusian School of Public

In Croatia, the field visit was conducted by a team, In Greece, field work was done in Athens, Lesbos consisting of IOM staff (MHD RO Brussels and IOM Island and Alexandroupoli in the Evros Region. A to- Croatia), representatives from MoH/EKEPY (Greece), searchers. Sites visited included: the Detention Cen- The narrative described the main stages a migrant der crossing in Bajakovo, river border crossing in The stages considered were: Vukovar); and border crossings in Southern Croatia (overland border crossing in Karasovići).



Field visit, Jezevo closed centre, Croatia, April 2014

Due to the significant increase in migration flows to Bulgaria at the end of 2013, IOM included Bulgaria in the countries, covered by this sub-action. Two sets of field visits were undertaken and all closed (2+1 first reception centre in Elkhovo) and open reception centres (seven in total at that time) were covered. Around 45 interviews were conducted by IOM MHD Sofia, in some cases in collaboration with Médecins Sans Frontières (MSF) and MoH Bulgaria.

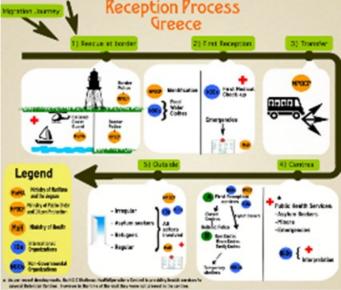
#### 2.1.5. Situation Assessment Reports

SARs including desk review and analysis of the data from the six country field assessments and hundreds of interviews were produced and published on the Equi-Health webpage and IOM global publication website<sup>2</sup>. The table of content and overall structure of the reports followed the operational framework on migration health, which stemmed from the WHA resolution on the Health of Migrants (2008)<sup>3</sup>, and the IOM-WHO Global Consultation on the Health of and RCC meetings (see Box 2.). Migrants  $(2010)^4$ .

tre Ježevo, close to Zagreb; the Institution for Educa- has to undergo once he/she arrives in the country of tion of Children and Juveniles in Dugave, Zagreb; the destination and discussed the roles, responsibilities, Reception Centre for Asylum Seekers in Zagreb; bor- and practices within institutions involved in the proder crossings point in Eastern Croatia (overland bor- vision of services with major focus being health care.

- first contact/rescue at sea and/or green border & border checkpoint
- on-site short/long term open/closed facilities
- transfer to reception/quarantine and/or other temporary facilities
- transfer to hospital, specialized and/or other health services
- emergency, and so one.

In addition, an analytical summary was produced to facilitate the uptake of the findings by stakeholders.



Assessment Reports on migrant health at the southern **EU** borders

Field work highlighted some common needs and shortcomings. Taking into account good practices and suggestions by field workers, a list of recommendations was formulated and validated at NCC

<sup>&</sup>lt;sup>2</sup> See http://equi-health.eea.iom.int/index.php/southern-eu/milestones-and-deliverables-eu

<sup>&</sup>lt;sup>3</sup> See http://apps.who.int/iris/bitstream/10665/23533/1/A61\_R17-en.pdf

<sup>&</sup>lt;sup>4</sup> See: http://apps.who.int/iris/bitstream/10665/44336/1/9789241599504\_eng.pdf

#### Box 2. Selected recommendations out of the SARs

#### I. Political and Legal Framework

- The Dublin regulation tends to place an overwhelming burden on the budget and operational capabilities of border member states while putting potential asylum seekers at risk
- Burden sharing among EU Member States would be advisable, both at the early stage of application processing and at a later stage (e.g. resettlement/relocation).
- Guidelines for border management, detention and reception centres should be promoted and implemented, with special reference to securing a public health perspective.
- The opening of ad-hoc centres with unclear legal framework should be avoided, and administration procedures should be simplified in order to shorten migrants' stay in reception/detention centres which has proved to be detrimental to their health.
- Alternatives to detention should be sought as a way to improve migrants' well-being and reduce pressure on reception facilities.
- Detention of unaccompanied minors and other vulnerable groups, when otherwise unavoidable, should take place in dedicated and specially adapted facilities.

#### II. Partnerships, networks, and multi-country frameworks

- Need to develop shared/horizontal protocols common to all the actors involved in the reception process, to identify the tasks of everyone and provide coordinated and standardised services throughout the reception process.
- The exchange of practices and effective cooperation and solidarity should be urgently intensified.
- Communication must be improved among different levels involved, different institutions and structures
- The development of EU operational responses, in combination with the opening of institutionalised and safe migration procedures, would prevent tragedies during the crossing of sea borders.

#### III. Monitoring Migrant Health

• The need of a shared and standardised template for migrants' health data collection has been indicated as a priority action during the assessment

#### IV. Migrant-Sensitive Health Systems

- Reception facilities should ensure humane and dignified conditions in line with international, CoE and EU standard, in terms of infrastructure, social and health assistance
- Of utmost importance is the creation of adequate health and social support systems, including interpretation, cultural mediation, psychosocial assistance and staff training which need to be reinforced throughout the reception process
- To provide WIFI and more possibilities for sport, cultural activities, training courses, media in multiple languages (TV, newspapers, and internet), etc. could improve the well-being of migrants and foster their subsequent integration into society

#### 2.1.6. National Consultative Committees



During the first year of project implementation, NCC In 2016, IOM and the Secretariat General for Public coming field visits. The NCC meetings gathered naacademia, health organizations and others. After an stakeholders were invited to suggest priorities for sentatives from Southern EU Member States' Miniscollaboration, discuss challenges and provide suggestions for the successful implementation of the project.

A second set of NCCs was organized to present and follow up on the findings of the assessment reports. Additionally, local consultative committee meetings were organized in Sicily (Caltanissetta, Syracuse, and Catania) to present the outcomes of the assessment to local interlocutors. During this second set of national consultations, after a presentation of report findings, national stakeholders were invited to rate in order of importance EU and national policy recommendations, prepared in advance and highlighted in the report, and provide suggestions for next steps of project implementation.

The NCC/LCCs initiated multi-stakeholder discussions at national level on the topic of migration and health, often first of its kind. Furthermore, in Italy, a first Inter-ministerial technical table was held as a follow up action after the field visit linked to the identified priority "need of coordination among the

large number of actors" - and ultimately different ministries, involved in the reception process. Representatives from the Ministry of Interior, Ministry of Health, Ministry of Labour (in charge of Unaccompanied Minors), and the Ministry of Integration took part (December 2013). A direct process outcome of this initiative was the subsequent establishment by MoI of a round table with MoH and NGOs working at national level to establish health standards for reception and detention centres. Similarly, as a follow up of the NCC in Greece (May 2015) on the "Assessment of Health Situation at the SEUB: A Dialogue for Greece", organized in close collaboration with and hosted by the Hellenic Ministry of Health, the Secretary General of Public Health created an Operational Working Group on Migration and Health to address the situation in Greece.

#### 2.1.7. Regional Consultation & Inter-sectorial dialogue - 14 March 2016

meetings were organized in six MS participating in Health of the Hellenic Ministry of Health Greece orthe situational assessment (plus Portugal) to present ganized a Regional Consultation (RC) Health throughthe project to national partners and discuss forth- out the reception process: Inter-sectorial dialogue, in Athens, Greece. The Consultation aimed at fostertional representatives from IOs, MoH, MoI, CSOs, ing an inter-sectorial dialogue on migration health and developing recommendations into national and introduction to the Equi-Health project, national EU-level migration health policy and practice. Repre-

> An academic partner involved in Component I expressed his view on the effectiveness of local, national and international levels of collaboration arising from extensive consultative and review processes within Equi-Health: "Many other projects have tried to involve multiple stakeholders, but only to get information. But Equi-Health has made a lot of effort to build collaborative capacity among different stakeholders in different countries, at different levels."

(Mid-term evaluation, September 2015)

tries of Health and Interior actively contributed to 2.2.1. Collection of existing templates including inforthe discussions by providing updates on the current mation on referral mechanisms migration health situation and challenges faced in their respective countries. The contributions and updates were based on the findings and recommendations from the Situational Assessment Report (SAR). The meeting was attended by more than 50 representatives from Ministries of Health, Interior and Regional Health Authorities from the Southern EU Member States, including Croatia, Greece, Italy, Malta, Portugal, Slovenia, and Spain as well as representatives from international organizations, civil society organizations, health and law enforcement professionals, and academia. The meeting was an opportunity for all participants to engage in dialogue, share experiences, present updates on the current migration health situation and challenges faced in their respective countries, and plan joint. actions ahead.

This phase of the project counted on the engagement of stakeholders in continuous dialogue on migration health priorities to be tackled and myths dismantled at national and regional level. The active cooperation made possible the development of strong collaborative capacity between EU MS to face the health challenges of migration.

### 2.2 Enhancement and harmonization of migrant health data collection and referral mechanisms at EU southern borders

Regarding the added value of the assessments done by IOM, a national stakeholder told the evaluator that it is a "collection of certain information that were unavailable to us before and which will help in better future monitoring of vulnerable groups' health conditions".

(Mid-term September evaluation, 2015)

harmonization was another priority set within the gion as described in the below table is only indicaproject objectives.

During the assessments, health data templates were collected. In addition, the expert team investigated data collection practices and referral mechanisms with the objective to identify good examples implemented at local level.

> A senior national Ministry of Health officer said "the Equi Health project has been developed during a considerable change of migratory dynamics. It has a positive impact, helping to design and to map the reception processes, also reengineering and optimizing them, in particular relating to the irregular migrants component, facilitating networking amongst several institutions and establishing a multilevel approach."

> (Mid-term September evaluation, 2015)

#### 2.2.2. Report on the mechanism for data collection

As a result of the work done and 12 templates collected during the field visits from different settings, a report on the mechanism for data collection summarizing the findings was prepared and published. It was complemented by additional information and forms, collected within the collaboration with Uppsala University<sup>5</sup>.

The major conclusion of the report is that health assessment, including screening for communicable diseases, is not systematic in most of the countries surveyed and, more often than not, also differs within countries.

Data collection of health-related information is not standardized and different centres within or between countries keep records and stores data differ-Migrant health data collection enhancement and ently. The summary of findings within the SEUB Retive on the basis of the forms collected and interviews performed at national level.

<sup>&</sup>lt;sup>5</sup> See http://equi-health.eea.iom.int/images/Data collection report.pdf

To respond to those needs and to the emergency situation in 2015, a Handbook for Health Professionals was developed by the Migration Health Division of IOM<sup>6</sup>. The handbook provides guidance on the health assessment process for migrants and refugees. Based on this, the Personal Health Record (PHR) was produced with support from the European Commission (EC) and contribution from ECDC. The PHR helps to construct/reconstruct the medical history of arriving migrants, thereby establishing their health status and medical needs. It provides an opportunity to record subsequent provision of treatment, including vaccinations, and to offer counselling and health education services. Within the IOM/ EC direct agreement Re-Health, IOM developed an electronic version of the PHR (e-PHR) and a platform to facilitate data entry, analysis and transfer within and between MS. The e-PHR was piloted in Greece, Italy, Slovenia and Croatia and will be further extended to other countries<sup>7</sup>.



Template for health data collection, Bulgaria

Health assessment of refugees and migrants in the EU/EEA for Health professionals



European Commission





Personal **health** record

<sup>&</sup>lt;sup>6</sup> For more information see: http://re-health.eea.iom.int/electronic-health-database-project

<sup>&</sup>lt;sup>7</sup> For more information see: http://re-health.eea.iom.int/

Box 3. Summary of findings <sup>8</sup>													
	Bulgaria		Croatia		Greece		Italy			Malta	Spain		
Type of centre	D C	O C	O C	C C	D C	F R C	F R g	D C	F R C	I D C	O C	Temporary stay (CETI)	D C (CIE)
Current Health Status	Χ	Χ			X	X				X	X		
Chronic diseases					Χ	Χ	Χ			Χ	Χ		
Communicable dis- eases		Χ	Χ	Χ	Χ			Χ	Χ		Χ	Χ	Χ
Vaccination		<b>√</b>	Χ	Χ	Χ	Χ	Χ			Χ	Χ		
TBC screening			Χ	Χ	Χ	Χ	Χ	Χ	Χ	Χ	Χ	Χ	
HIV/AIDS compulsory testing		Χ										Χ	
HIV/AIDS voluntary testing					Χ	Χ	Χ						Χ
Hepatitis A&B		X	X	X	X			X	X			Χ	
Disabilities						Χ	Χ						
Pregnancy					Χ	Χ	Χ				Χ		
Mental Health		<b>V</b>			Χ		Χ			Χ			
Lab tests			Χ	Χ	Χ								
Additional examina- tions					Χ	Χ		Χ	Χ				
Current medication	Χ				Χ	Χ	Χ			X	Χ		
Identification of vul- nerability							Χ						
Use of translators/ cultural interpreters		<b>√</b>					Χ						

X=Standard procedure, ✓=Sporadic procedure, DC= Detention centre, OC= Open Centre, CC= Close Centre, FRC= First Reception Centre, FRg= Frst Registration Centre, IdC= Identification Centre

#### 2.3 Capacity building for law enforcement and put on the table of expert discussions for further health professionals at EU southern borders

In response to the needs identified within the assessment and the priorities outlined out of the 2.3.1. Training on migration health for health profes-NCCs, a set of training materials on health and bor- sionals and for law enforcement officers der management for law enforcement and healthcare providers at the southern border, was A Regional Expert working group meeting and a re-

adaptation and piloting in several Regional expert working groups.

<sup>&</sup>lt;sup>8</sup> Based on collected forms but practice may differ

view/regional training meeting were organised for health professional (in Lisbon in September 2013 and September 2014) and for law enforcement officers (in Brussels in February 2015 and in Rome in June 2015).



Regional Consultative workshop for Law Enforcement
Officers on Migration and Health. Rome, June 2015

Those meetings lead to a number of general conclusions and recommendations issues for the work ahead:

- Target Group: Experts pointed out it is important to ensure mixed participation in the training, leaving it open for both health professionals working in the field, social workers, administrative and front-desk staff, and possibly medical students and apply "whole team approach".
- Participation/Engagement: One of the main challenges for the training is the HPs/LEOs' interest, engagement and motivation (this aspect must be taken into consideration when designing the training). Also the importance of making the training part of a continuous process with follow ups and regular meetings with the trainers and other participants, face-toface and group discussions, to foster continuous engagement with these topics and avoid one-time isolated activity. Knowledge must become a "local meaning", the topics have to be contextualized locally and historically, and have to draw on the experience of participants.
- Institutionalization and certification: Including the training as part of the academic curricula of medical school students (both under and post-graduate) shall go hand in hand with the

certification of the training modules for continuous education (extra academic). The two options are not mutually exclusive but can be pursued in parallel reaching out to different audience. In some countries, such as Portugal, the existing training is not certified but rather used as awareness raising tool.

During the peer review/regional training meetings, participants had the opportunity to discuss and agree on the main topics to be covered in the training:

- Global and European Migration Trends;
- Migration Health and the right to health for all;
- Public Health and Ethics;
- Human mobility and associated communicable and non-communicable diseases;
- International Health Regulations & Epidemic-Pandemic Alert and Response;
- Provision of health services to migrants at open/closed centres;
- Caring for vulnerable groups and trafficked persons;
- Occupational health of health professionals;
- Psychosocial aspects of Migration;
- Intercultural competence education and facilitation strategies;
- Intercultural mediation in health care settings;
- Equity standards in health care.



Regional Expert Working Group "Piloting of Training Materials on Migration". Lisbon, September 2013

The peer review/training included also practical ac- Cyprus, Greece, France, Italy, Luxembourg, Malta, tivities, related to the training topics, group dynam- Portugal, and Romania attended the peer review/ ics, role playing, videos, testimonies (for example trainings in Rome and Lisbon and profited from the two intercultural mediators of Cascais Municipality collaboration established and joint work. were invited to talk about their experiences in Lisbon, Portugal). A "team building approach" was pro- 2.3.2. Revision of training package on migration and moted and topics and materials were evaluated by health participants in the meetings

The overall final feedback on the training materials on Migration and Health was very positive. The psychosocial aspects of migration, together with the care of victims of human trafficking and other vulnerable groups (refugees, asylum seekers, victims of torture, unaccompanied minors), as well as the intercultural mediation in health care, were pointed by the majority of the participants as very relevant and useful themes.



Training Health Professionals and Law Enforcement Officers, Portugal

Mol and MoH officials, Public Health Institutes researchers, Police Health Units professionals, Council of Europe and Academia - from Bulgaria, Croatia,

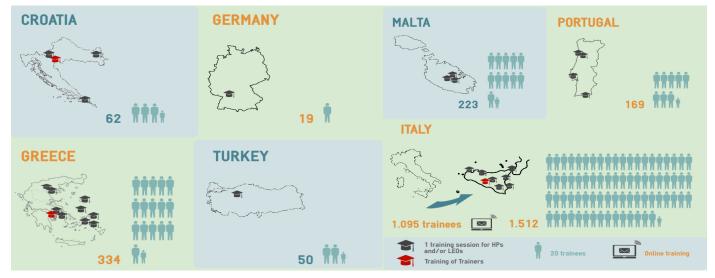
In sum, the update of the training packages for HPs and LEOs, developed within the framework of the PHBLM project, underwent a regional consultative revision process, followed by an expert involvement in adaptation of certain modules and units of the training materials during 2014. The structure of the training materials was overall kept as per the initial



Trainings for Health Professionals and Law Enforcement Officers, Greece

#### 2.3.3. Roll out training

Country roll out training at national level with mixed groups of trainees (LEOs, HPs and general first line staff from NGO and governmental organisations)



were organized in Croatia (one ToT and three roll- Rome (December 2015 and January 2016), in partout sessions), Italy (three ToT, seven roll-out ses- nership with SIMM (Italian Society of Migration Medsions and one online course), Malta (eight roll-out icine) to be followed by one day roll-out sessions sessions), Portugal (six roll-out sessions), Greece conducted by the local health authorities, partici-(one ToT and 11 roll-out sessions), Germany (one pants in the ToTs, choosing modules and topics adroll-out session) and Turkey (one session) during the dressing the training needs at local level in Campania period 2014-2016.

Training Rollout workshops for first responders in 400 health professionals. Zagreb, Vinkovci and Dubrovnik, as well as conducted a local Training of Trainers (ToT). To cover the Due to organizational difficulties with the Departtion skills, topics highly appreciated by the groups.



Training in Croatia

In Italy, following the implementation of the national Training of Trainers on Intercultural Competence for Health Professionals in Sicily (co-funded by the Italian Ministry of Health), six roll out training sessions of one day each have been implemented in four different local health authorities (Trapani, Palermo, Syracuse, Ragusa) and two Hospitals in Messina and Catania in partnership with CEFPAS. More than 300 health professionals participated in the local training sessions. In 2015 IOM Rome organized two Training of Trainers on Intercultural Competence for Health Professionals in Naples (December 2015; January 2016) recognized with 27 ECM training credits and in

(Naples, Avellino, Benevento, Caserta, Salerno) and Lazio (Monte Spaccato in Rome, S. Eugenio Hospital In Croatia, IOM Zagreb organized three National Pilot in Rome, Viterbo and Latina) targeting more than

topics of migrant, occupational and public health, ment of Health of the Lombardy Region and the local the sessions assembled a mixed group of partici- health units, in Lombardy Region it was decided to pants, including border police, open/closed centre implement an online training course following the police and medical staff, the Croatian Red Cross, PLS (problem solving learning) method. The change county public health institutes, the Customs admin- in scope and method of training allowed to more opistration, the institution for Unaccompanied Migrant erators of the Lombardy Region to participate in a Children (UMC) and an NGO. The programme also distance training developed in collaboration with the covered intercultural competence and communica- National Health Institute of Rome and based on the institute online training platform EDUISS. The learning method, opened also to health operators of Lazio and Campania Regions, allowed providing the healthcare authorities involved with a dynamic and sustainable training tool for continuous training on a voluntary basis. The participation to the course was accredited with 16 credits according to the Italian System (ECM). Registered learners (1507) positively evaluated the course particularly in the following aspects: clarity, quality and completeness of the contents and the wide educational material to support lessons; relevance of the theme and the opportunity to learn more about migration, both for what concerns the methodological approach to cultural diversity and the national legislation on health care for migrants; practical use of the platform, the effectiveness of the methodology and the excellent service of technical support and mentoring. Out of 1507 registrations:

- 5% (n.77) passed the final test with a score of 70-80;
- 18% (n.275) passed the final test with a score of 80-90;
- 49% (n.743) passed the final test with a score of 90-100.
- The remaining 27% (n. 412) did not complete the training course.

In Malta, the Migrant Health Unit of the Ministry of Health organized two training sessions on Migration and Associated Challenges in health care for social organized and hosted the training, attended by a workers and one session, focusing on cultural com- multi-disciplinary team from Greece and Cyprus with petence, targeting social mentors (LEAP officers) in years of experience in the field of migration and November 2014 within the framework of Equi- health. After the ToT, roll-out training sessions were Health project In 2015, the Migrant Health Liaison carried out in different locations in Greece, including Office of the Ministry of Health organized five train- Aegean islands. ing sessions on Migration and Health: Cultural Competence for nurses, doctors and nursing students in March, April and May. More than 180 people were trained. More information on the project and implemented training sessions can be found at http:// health.gov.mt/en/phc/mhlo/Pages/traininginitiatives.aspx.



Training in Malta

In Portugal, IOM Lisbon started the training programme with one roll-out session in Faro, Algarve (10-12 December 2014). The topics covered in the trainings were: why migration and health; European and global migration trends; the right to health (introduction); health and diseases; the access to the National Health Service - practical case; psychosocial implications of migration; cultural competence; inter-cultural communication; intercultural mediation. Furthermore, IOM Lisbon organized two training sessions in 2015 and three more sessions in January-February 2016 for mixed groups of doctors, nurses, administrative staff (the majority), social workers, managers, and officers from ARS Lisbon Headquarters and a representative from Directorate General of Health (DGS).

In Greece, IOM MHD Brussels organized a 2-days Training of Trainers on Migration and Health for mixed groups in Athens, Greece (September 2015). The National School of Public Health in Greece co-

The first roll-out training, hosted by the National School of Public Health, was carried out in Athens in January 2016 targeting health professionals, social scientists, law enforcement officers and cultural mediators working at First Reception. The training sessions were attended by representative from NGOs, the National Health System, the First Asylum Service and the Coast Guard.

In March 2016, the first training session in the Aegean was organized in the island of Kos. Hosted by the International Hippocratic Foundation of Kos, the session counted with the participation of representatives from the local hospital (doctors, nurses and social workers), rescuers, personnel from the first reception centre and one of the psychologist of the army.



Training in Thessaloniki

The second training on an island was carried out in Lesvos in March 2016, hosted at the Training Centre of the Vostaneio General Hospital. The sessions counted with the participation of health professionals from the General Hospital of Lesvos, law enforcement officers, including police officers and coast guards, and social scientists working at First Recep-

The training session in Chios (April 2016) was carried out under difficult circumstances. During the training, 150 refugees and migrants arrived on the island and at the same time the municipality was relocating refugees and migrants from the port. As a result, a number of participants, mainly rescuers and health professionals had to leave the training to support the newly arriving migrants and returned back shortly after the emergency has been handled.

Unlike previous training sessions, the training course carried out in Thessaloniki in April 2016, was organized by the Central Region of Macedonia, after an expression of interest by the office of the Deputy Regional Officer, at request of the health professionals of Northern Greece.

In May, another two training sessions took place in Athens. The training sessions were hosted by the Hellenic Centre for Disease Control and Prevention (KEELPNO). Participants expressed their gratitude for having had the opportunity to participate in such a training course and positively commented on the variety of topics and presentations provided during the sessions. Participants also expressed the need for more seminars of this kind as they are increasingly dealing with migrant and refugee groups settled in Athens.

After four days training course in Athens, at the end of May 2016, another training session was organized in Leros. Hosted at the Nursing School at Psychiatric Foundation of Leros.

The last training course was organized in Thessaloniki in June 2016, at request from the Greek army and the Samaritans of the Greek Red Cross. This session counted with 34 participants, mainly from the Greek army, responsible for the Hotspots in Northern Greece and the Red Cross. Many of the participants, who had never been trained before had the opportunity to hear about migration and health issues for the first time.

from local health authorities.



**Training in Germany** 

#### 2.3.4. Final Training Package Migration and Health for Health Professionals and Law Enforcement Officials

Overall 2319 people were trained over the period March 2014 to June 2016. They were trained at five ToTs (142 trainees) and 38 roll-out sessions, a number that significantly surpassed the set project target of six roll out sessions.

The update and adaptation of the training materials, as well as the national roll-out training sessions benefited from the active collaboration of national trainers, representing different national bodies from Public Health Institutes to educational institutions: in Croatia, the Croatian Public Health Institute (CHPI) and the Croatian Institute for Health Protection and Safety at Work (CIHPSW) were involved as trainers, co-funding for the training was provided by the Swiss Embassy in Croatia; in Italy training was cofunded by the Italian Ministry of Health and support was provided by CEFPAS Regional Training Centre for Health Professionals in Caltanissetta, and SIMM (Italian Society of Migration Medicine); in Portugal, In Germany, the "Migration and Health" training for IOM partnered with the Centre for Research in An-Health Professionals was co-organized by the De- thropology, the Institute for Hygiene and Tropical partment of General Practice and Health Services Medicine (IHMT) and the National institute for Public Research, the Institute of Public Health at Heidelberg Health, whilst co-funding was provided by the Portu-University Hospital. The training counted with the guese Directorate General of Health and the support of the Ministry of Science, Education and Calouste Gulbenkian Foundation, and in Greece with Research Baden-Württemberg. The 2 days training the National School of Public Health) with contribuhad a participation of more than 20 professionals, tions from MSF, the NGO Almasar, a psychologist comprising medical practitioners, students, and pub-from the Psychological Health of Migrants (BABEL), lic health practitioners as well as representatives and the Hellenic Centre for Disease Control and Prevention.

And last but not least, the ToT organized in Athens, mation based on the specific context where the Greece, in September 2015 and the subsequent 11 training is taking place, using relevant databases and roll-out sessions held with first line practitioners reports, including the references provided at the from many sectors from January to June 2016 in end of this document, as well as developing addi-Athens and Thessaloniki, and the Aegean islands of tional and appropriate practical exercises and perti-Kos, Leros, Lesvos, Chios and Samos hosting a large nent information about referents and in country, number of migrants and refugees, led to the finaliza- local service provision. tion of the Equi-Health training package.

The baseline PHBLM materials were initially organized in two packages, albeit modules I and II were the same, for health professionals and for law enforcement officers. However, during the situational analyses interviewed health professionals and law enforcement officers identified important gaps in the collaboration and coordination among actors working with migrants and refugees. In the course of the piloting, the two groups were brought together for much welcomed joint training sessions. Accordingly, the units adapted and developed during the regional ToTs resulted in one training package. The mixed group training sessions were greatly appreciated by both health professionals and law enforcement officers because this allowed to exchange information, experiences, good practices and challenges, as well as to discuss the responsibilities and roles of each other and overall foster subsequent collaboration per site/setting. It was decided to maintain the mixed group approach and IOM MHD recommends this for any future training based on the present training package, in addition to below recom- Following the ToT, roll-out training sessions shall mendations:

- To keep the training as practical as possible, providing opportunities for questions and discussions, including asking participants to provide information on cases from their professional experiences, during the entire training.
- It is important to note that the training package is not a clinical training for health professionals but rather a training to increase the understanding of the relation between migration and health, working with vulnerable groups and intercultural competence, and as such can easily be provided for and understood by non-health staff.

The training package includes essential content and references, representing the minimum that participants need to know about the topics contained therein. Trainers are responsible for developing their presentations, updating and adding onto this infor-

## I. Development of the training package at country

IOM recommends implementing a ToT approach in each country in order to:

- Present the Basic Training Package, comprising three modules and further divide into units, to participants;
- Discuss the package in working groups comprised of local experts to identify the specific needs based on the country context and propose how to adapt/adjust the training materials accordingly;
- Select a core group of trainers (7-8 persons) to translate and adapt the Basic Training Package to the local needs and carry out further (rollout) trainings.

#### II. Implementation of Training of Trainers and rollout training sessions

take place in the areas of first reception. These consist of a two-days training, seven hours per day. The training is a two way process; the trainers should always take under consideration the evaluation results of the previous training. Each roll-out session is followed by an evaluation report and, when applicable, identification of points for further development/ improvement. The team members then discuss

> "In addition to the content provided by the international IOM most of the training contents have been drawn from existing immigration and health projects in the country ... [and] based on a very solid knowledge rooted in the ethnographic field. Yes, they are effective.

(National expert, September 2015)

these points and adjust the training material accordingly. Presentation materials from the training are given out to the participants in electronic format, following the end of each session.

The final content of the training package is provided in the box 4.

The training material is available on the EU Health Policy Platform to ensure its sustainability. Since the completion of the training, the material was used as a basis for the training for health mediators within the Equi-Health project and the capacity building program in Bulgaria. Given the success of the training, the NGO Solidarity Now, funded the Greek National School of Public Health to train their staff using the Equi-Health training materials.

Regarding the relevance of the project, a local organiser in the Balkan region mentioned that: "With the massive influx of migrants along the so-called Balkans route, the topic continued to gain momentum, as did the emergency response effort. The training sessions delivered before the migration crisis in Croatia yielded some lasting results as many of the participants in EHP training applied their knowledge as emergency first responders."

(Final evaluation, July 2017)

#### Box 4. Final Content of the Training Materials

#### Module I: Migration and Health

Unit 1: Public Health and Migration/ Communication and Mass Media

Unit 2: Migration and Health

Unit 3: Communicable and Non-communicable Diseases

Unit 4: First Aid

#### Module II: Mental Health and Psychosocial Support

Unit 1: Mental Health and Psychosocial Aspects of Migration

Unit 2: Occupational Health and Psychosocial Support

Unit 3: Coping with Grief

Unit 4: Identification of and Support for Victims of Trafficking

#### Module III: Intercultural Competence

Unit 1: Cultural Competence and Intercultural Communication

Unit 2: Intercultural Mediation in Health Care

## 3. ROMA HEALTH



sultations to prepare and implement national assess- assessment methodology and planning of the rements of the NRIS implementation with focus on search started with a regional coordination meeting health, and identification of a national and also a Re- in 2013. The EWG gathered representatives from gional priority for project partners to jointly work MoH and Roma national focal points of Belgium, Bultogether for the duration of the project in respect to garia, Croatia, Czech Republic, France, Hungary, Ita-Roma health.

3.1. Assessment of the implementation of the NRIS health from a multi-stakeholder perspective

#### 3.1.1. Desk review

The first phase of the assessment included a desk review of latest reports and other relevant documents published in the period between 2005 and 2013 discussing Roma health challenges in the EU. It aimed at identifying and combining information from various sources in order to obtain the most comprehensive overview of the situation. The purpose of the desk research was to contextualize and provide the background for the fieldwork research consisting of interviews with stakeholders and a case study covering the following areas:

- Legal and policy developments in respect to Roma health national programmes and action plans with special focus on the NRIS (process of development, objectives, planning and implementation on both national and local levels and in respect to relevant recommendations incl. both binding and non-binding documents, issued by the EU bodies)
- Mapping of promising practices as well as lessons learnt from unsuccessful/poor practices (a possibility for such is suggested in the form of a case study/ies) on both national and local/ community levels.

May in Sofia, Bulgaria

This sub action included national and regional con- In addition to the desk review, discussions on the ly, Romania, Slovakia and Spain. The working group took stock of the status of the National Roma Integration Strategies (NRIS) in participating MS, explored the methodology/template for progress report from a multi-stakeholder perspective to be developed within the framework of Equi-Health and identified priority areas for further collaboration, exchange of good practices and synergies between initiatives in the Roma health field in EU MS. One of suggested topics for further collaboration was to develop an exchange of experiences between different Roma health mediation programs in EU MS and discuss training curriculums and role of health mediators in national health care systems.



Regional Consultative Meeting & Expert Working Group,

This proposal came very timely as several of the participants in the meeting in Sofia were invited to participate the International conference 3.1.2. Regional Consultative Committee & Expert "Intercultural mediation in health care" to be held in Working Group meeting on "Health in the EU frame- Huelva, September 2013. A proposal came forward work for National Roma Integration strategies: imple- to IOM to organize a working group on health medimentation, challenges and the way forward", 27-28 ation and Roma in Huelva and further the work in this field. Steps were taken in this direction and the

priority identified remained one of the major focuses viewed by the Croatian NRIS implementation exterof collaborative work within this sub-action. nal evaluator (Government Office for Human Rights

#### 3.1.3. Multi-stakeholder perspective progress reports

Progress reports were drafted in six EU MS with high percentage of Roma nationals (Bulgaria, Croatia, Czech Republic, Romania, Slovakia and Spain)<sup>9</sup> and two EU MS with high percentage of Roma migrants (Belgium, Italy). The analysis combined desk review and in-country research and focused on the implementation of the NRIS, as well as other national developments targeting improving Roma health. The analysis discussed the implementation of the Roma Integration strategies, as well as current monitoring and evaluation methods and processes of relevant National action plans and commitments as to improving Roma health. It covered national developments since 2005 in the field of Roma health policy interventions. IOM mission in Croatia was inter-

viewed by the Croatian NRIS implementation external evaluator (Government Office for Human Rights and Rights of National Minorities). The produced report includes the following reference to Equi-Health "Finally, the conclusions of the NRIS Implementation report produced within the framework of the EQUI-HEALTH programme also contain a conclusion whereby the position of the Roma in the area of health is evidently being improved at a slower pace than in other areas"

In Slovakia, the multi-stakeholder report was used as an expert document for the preparation of new action plan on Roma health. It was prepared already in 2015 but approved only on 22 February 2017 by the Slovak government (resolution 47/2017). It was also used in advocacy for sustaining the program of health mediators with the ministry of health care.

#### Box 5. Summary of findings of progress reports

#### Promising practices:

• Almost all EU MS plan or implement Roma health mediation programs (programs of health mediators, experts by experience, neighbourhood steward cultural brokers, etc.)

#### Challenges:

- Overall limited funding allocated for NRIS implementation per priority areas
- Structural barriers: coordination challenges at national and between central and regional levels; tasks set with agencies that do not have administrative powers and capacities incl. human resources to implement them; fragmented regulatory framework and lack of local specialized personnel with strong knowledge on planning, organizing and monitoring public services incl. health services
- Information flow: local authorities are insufficiently familiar with NRIS priorities, same for NGOs and other key stakeholders
- MoH often not the lead body for implementation of the NRIS Health component, also missing dedicated funds for such a role
- Issues about ethnic data collection continues to be an argument for limited implementation of targeted interventions
- Funding of programs and sustainability are under question: expectations for EU funds
- Major gaps and needs are training of health staff in serving diverse populations; discrimination practices not addressed at training level.

#### 3.1.4. National Consultations

In parallel to the multi-stakeholder assessment, a first set of NCC meetings were organised in close collaboration with national stakeholders including the Ministry of Health in Romania, Italy, Croatia and Slovakia to kick-off initial in-country work and discuss

priority actions. Meetings were held in Bulgaria, Czech Republic, Spain and Belgium<sup>10</sup> ensuring local support of activities. A second set of National Consultative Committee Meetings were organised in Italy, Croatia, Czech Republic, Slovakia and Spain to present the progress reports and validate findings and recommendations from the assessment reports,

<sup>&</sup>lt;sup>9</sup> Spain is included in both groups with high percentage of Roma nationals and high percentage of Roma migrants though counted only once as a participating MS.

once developed in 2014 and 2015. The NCCs gathered national representatives from MoH, NRIS focal points and other relevant governmental entities, CSOs, academia, and IOs. During the subsequent meetings, when the multi-stakeholder reports were presented to the national experts, national stakeholders were invited to rate in order of importance EU and national policy recommendations, prepared in advance and highlighted in the report, and provide suggestions for next steps. Such were provided for Bulgaria, Czech Republic, Italy, and Spain in the form of follow-up case studies, further presented below.



#### Box 6. Recommendations and priorities identified during NCC meetings in selected countries

#### Croatia:

- Improvement of coordination of public bodies regarding Roma health issues
- Needs assessment and social impact assessment
- Long-term financing and full-time employment of health mediators
- Full-time employment of Roma educated in health as the state and county coordinators
- Developing a concrete plan

#### Romania:

- Focus on stronger cooperation between all relevant stakeholders in terms of health policies targeting Roma
- Define tailored health policies focused on health education and access to primary health care services, supported by adequate information and awareness

#### Slovakia:

- Ensuring that tasks set out in the strategy are vested with agencies that actually have the required administrative powers, capacities, and human resources to implement them
- Ensure clear and sufficient funding
- Optimize the number of health mediators according to the size of the targeted settlement
- Abandon the discriminatory legislative trend, towards providing more culturally and socially sensitive health care

#### Spain:

- In order to develop and implement transformative health policies that strengthen entitlement, it is necessary, in first place, to work for the defence of the right to health and to establish mechanisms and institutions that guarantee this right
- To force laws and policies at local, regional and national levels to adjust to and comply with European directives and fundamental rights
- Reviewing the administrative procedures required by the Social Security System for obtaining the Health Card, particularly the requirements needed for Roma EU citizens

#### Bulgaria:

 $<sup>^{</sup>m 10}$  The Belgian Federal Service of Health, Food Chain Safety and Environment co-funded the report on Belgium

- Municipalities should be better informed of the national and EU polices and funding concerning Roma integration
- For the municipalities it will be interesting to participate in further meetings providing specific information and presenting good practices
- Engagement in projects in the social sphere will increase local stakeholder's capacity to implement social programs in the small settlements and respectively better use European funds
- It will be useful to continue presenting results from similar research done in Bulgaria and abroad to the municipalities
- The preparation of different informational brochures and materials appears to be useful for the municipalities.

#### Belgium:

- Intermediaries (mediators, experts by experience, etc.) working to improve the access to health care
- Improving the accessibility and quality of services by increasing time allocate to accompany vulnerable Roma and by creating specific expertise
- Women's health and family planning
- The accessibility of services (how the system works, entitlements to health care, etc.)

#### 3.2. Case studies

#### 3.2.1. Bulgaria

During the National Consultative Committee meeting with stakeholders working in the field of Roma health (Sofia, June 2015) where the multistakeholder report and next steps were presented and discussed, a recommendation was made by one of the participants and the group agreed to followup with similar consultative meetings at local level to disseminate the results of the project to further enhance the knowledge of local stakeholders on the NRIS goals - health component and the Regional Pilot Intervention on "Health Mediation and the Ro- The roundtables' locations were chosen in line with ma". In the period April-June 2016, four meetings the coverage of the National Health Mediation Prowere carried out jointly organized by the International Organization for Migration and the National Network of Health Mediators (NNHM) Association with the following objectives:

- To disseminate the activities and results from Equi-Health project, Roma Health Component, at local level;
- To present the Report on the Implementation of the National Roma Integration Strategy 2012 -2020, Healthcare Component, prepared within the framework of the project<sup>11</sup>;
- "To Build a Bridge", produced within the frame- Roma integration were positively assessed by partici-

work of Equi-Health project.

- To present the work of the health mediators as part of the activities for implementation of the NRIS, Health component;
- To discuss the results of a pilot project on health mediation in hospitals (implemented by the NNHM);
- To inform the municipalities without appointed health mediators of the opportunities and the mechanisms for selection, training and appointment of such in 2017.

gram and according to the needs of the municipalities to be acquainted with the European and national framework for implementation of the NRIS. Representatives from 25 municipalities, 7 Regional Health Inspectorates and 22 health mediators took part in the meetings. On average, between 15 and 25 persons participated in each of the meetings. The municipalities were represented by deputy mayors and directors of Healthcare, Education and Social Assistance Directorates.

Overall, the four roundtables provided an excellent opportunity for the representatives of the local au-To acquaint the representatives of municipali- thorities to get acquainted with the activities within ties where the profession "health mediator" is Equi-Health project. The presentation of the Europenot well known by showing them the movie an context and the work of the EC with regard to

<sup>&</sup>lt;sup>11</sup>See https://publications.iom.int/system/files/pdf/nris\_bulgaria.pdf

and national levels.

#### 3.2.2. Czech Republic

The Czech Republic NCC prioritized as a follow-up activity out of the national level discussions the development of a Handbook for HPs on Culturally Sen- In Spain, the National Consultative Committee sitive Roma Health Care. The work required both desk research and pilot-testing of the handbook. The purpose of the desk research was to revise, build and expand the work on the basis of the available training materials on the topic in Europe, including the MEM-TP project, ensuring Roma, the context and background are dully considered. In addition, a pilot testing of the handbook with different profiles of HPs and Roma patients was planned to complement the work of handbook preparation. The results from the work done are published on the Equihealth website.

#### 3.2.3. Italy

IOM Rome organized with the Ministry of Health Italy a National Roma Health Workshop "Health Action including the community services, resources and Plan for and with the Roma communities" on the 8 public spaces of significant value for the Roma com-

pants in the meetings as they felt they have limited February 2016 at the Ministry of Health in Rome, information of European and national developments. Italy, IOM presented the developments related to in respect to Roma health. The meetings ensured the Roma Health sub-action, including the Roma also the needed face-to-face contact between repre- Health reports and results, aiming at supporting nasentatives of the National Network of Health Media-tional authorities in monitoring, sharing and tors and the municipalities which is not always possi-strengthening national approaches to Roma Health. ble because of financial and time restrictions. Con- The Health Action Plan was developed within the crete results from the meetings are the requests on National Roma Integration Strategy (NRIS) and with behalf of municipalities where health mediators the acknowledged contributions of IOM and Equihaven't been appointed yet. After the meetings, by Health multi-stakeholder perspective report on the the end of July 2016, six official letters were ad- implementation of the NRIS and other national comdressed to the Chairman of the NNHM by several mitments in the field of health. Equi-Health is listed municipal administrations who express their willing- in the good practices within the Health Action Plan ness to be included in the Health Mediation Program as well. The objective of the workshop, promoted in in 2017 and to select, train and appoint health medi- close collaboration with the Italian Ministry of ators - Aksakovo, Sevlievo, Veliko Tarnovo, Elena, Health, the Italian National Institute for Health, Mi-Lukovit, North District-Plovdiv. Contacts were estab- grants and Poverty (INMP), Caritas Rome and the lished with 12 municipalities that haven't been in- National Office Against racial Discrimination (UNAR), cluded in the program. The representatives of mu- was to discuss the national policies on the implenicipalities where health mediators already work had mentation and dissemination of the Health Action the chance to speak about the problems they face Plan on the Roma community in Italy and the develand to address the NNHM team – this was an oppor- opment of activities and inclusion policies to improve tunity to strengthen the cooperation both at local Roma health-care. Italian Regions as Lazio, Campania, Sicily, Sardinia, Piedmont, Molise, Basilicata, Apulia, Friuli Venezia Giulia, Calabria and Province of Trento also attended the workshop.

#### 3.2.4. Spain

meetings with stakeholders (October and November 2014), decided to follow-up one of the recommendations raised in the work, in line with the "European Platform for Roma Inclusion 2015: The Way forward" report findings, which emphasized the need for development of a coordination and cooperation platforms to ensure partnerships among multiple stakeholders at local level. The local context selected for the follow-up case study was the district of Polígono Sur - Seville, Spain, characterized by having a great experience in addressing inequalities amongst population at risk of exclusion. The follow-up work provisioned a mapping of the available services and resources for Roma in the district of Polígono Sur -Seville, Spain by identifying key Roma stakeholders, munity in Poligono Sur and piloting of a training pro-

<sup>&</sup>lt;sup>12</sup>These collaborative capacities entail the following aspects: (1) individual capacity, helping members to develop skills and knowledge about collaborative work as well as to promote positive activities and motivation for work; (2) relational capacities, promoting positive internal and external relations with other networks and members; (3) organizational capacity, increasing the leadership, communication, procedures and resources; and (4) programmatic capacity by setting culturally competent realistic goals that follow real objectives defined by the needs of the community.

gramme on collaborative capacity<sup>12</sup> for key local stakeholder including Roma with the objective to strengthen Roma engagement in the Community Health roundtable(s) working on the Integral Plan of Polígono Sur — Seville. In this direction, a Training programme for Roma health agents was developed (in Spanish and in English) on the basis of research on the implementation of the NRIS Operational Plan through local polices and the degree of its sensitivity to its Roma citizens, as well as its degree of implementation and impact on Roma community health needs in Polígono Sur. The results from the work done are published on the Equi-health website (http://equi-health.eea.iom.int/index.php/roma-health/milestones-and-deliverables-rh).

The Open Society Foundations have awarded the University of Seville and the NGO FAKALI a grant to extend the implementation of the case study on the NRIS Spain to other marginalized neighbourhoods in Seville.

'The EQUI HEALTH project is valuable because it is helping with the training of mediators. Initiatives such as this one should be long lasting and they should go deeper in this project and beyond it"

(Chris Decoster, Director Federal Public Service Health Belgium, November

# 3.3. Regional Intervention on Health Mediation and the Roma

As a follow-up of identified priorities at the RCC/EWG meeting in Sofia at the beginning of the project as described above, IOM organized an Expert Working Group on "Health Mediation and the Roma" in September 2013 in Huelva, Spain within the framework of the International Conference on Intercultural Mediation in Healthcare. The Working Group discussed along the following two lines:

 The development of (Roma) health mediators', programmes in different EU Member States: models being piloted, curriculums and roles of health mediators in national health care systems and national successes & challenges in the implementation of health mediation programmes. • Exchange of experiences on the implementation of health mediators programs in EU Member States: institutionalization/piloting projects, funding/budgeting, evaluation/auditing and future developments of the programmes and the need for establishment of European Network on Roma Health Mediators, inspired by the Bulgarian health mediator's network.



Field visit in Belgium, Cittadelle Hospital in Liège, November 2014

As a result of discussions, project partners expressed interest in piloting an exchange programme of mediators including an introduction to different mediation programs existing in the region. Shortly afterwards and in coordination with DG SANTE, the Regional Roma Pilot Intervention on "Health Mediation and the Roma" was launched. It consists of study visits to EU MS implementing Roma health mediation programmes, the development of a platform and a PDF book on health mediation models with the objective to learn from individual programme experiences.

"We saw how our people live in France. Now, we would be able to give proper advises on healthcare needs to those who want to leave or to properly assess the situation of those who got back. It was a great opportunity to establish working links with our colleagues abroad"

(Bulgarian Health Mediator, November 2014)

The First Study Visit was organized in Bulgaria (June intercultural mediators and program coordinators 2014). It gathered Roma Health Mediators, govern- from Belgium, Bulgaria, France, Italy, Romania, Sloment and NGO program coordinators from Belgium, vakia, and Spain. Bulgaria, France, Italy, Romania, Slovakia and Spain with the aim to exchange experience in the field of health mediation and introduce the work of Roma health mediators in Bulgaria. Building on the success and enthusiastic feedback of participants, a second workshop/field visit was conceived.

The Second Study Visit was organized in Belgium and France (November 2014). Similar to Bulgaria, the study visit included a workshop in Brussels presenting different mediation programmes in Europe, followed by visits to Foyer NGO in Brussels and six Roma settlements (terrains) in and around Lille, France. As recommended during the two study visits, IOM started consultation with partners to explore their interest and support the development of a web based communication platform (forum) to facilitate exchanges between health mediators in Europe as part of an EU Community Health Mediation Network (CHMN). Meetings were held in this respect with the National Network of Health Mediators in Bulgaria. The Belgian Federal Service of Health, Food Chain Safety and Environment showed its commitment to the initiative by co-financing it.



Field visit in Seville, June 2016

The Third Study Visit took place in Romania (July 2015). Similar to previous study visits, the study visit included a workshop in Bucharest presenting different mediation programmes in Europe, followed by 3.3.1. Documentary visits to two Roma settlements. The event gathered health/ participation community Roma

The Fourth Study Visit was organized in Seville, Spain (6-8 June 2016) jointly by IOM, the Comisionada del Plan Integral del Polígono Sur in Seville and CESPYD-

> "The field visits were very informative. Especially our visit to Lille, France. We saw there the real situation and people at work with their Roma communities. Based on these facts, good and ideas for further constructive collaboration occurred: to make a link between the health mediators from different countries to ease the process of Roma integration (ID cards, health records, immunization history) in the receiving countries..."

(Representative from Romanian National Institute of Public Health, November 2014)

University of Seville. The meeting gathered health mediators and coordinators of programs from Belgium, Bulgaria, Czech Republic, France, Moldova, Romania, Slovakia, Spain and Ukraine, as well as local health and social services organizations in Seville. The meeting programme included a presentation of good practices from Spain and in the neighborhood of Polígono Sur in Seville, host of the event, as well as updates and discussions amongst partners of the different models of health mediation in Europe. A separate session for mediators only focused on exchange of experiences from the field and training programmes. The second day of the meeting consisted of field visit to three Roma settlements (El Vacie, Polígono Sur and Torre Blanca) and meetings with local activists, health institutions, NGOs and other key actors in the Roma neighborhoods. During the wrap-up session at the end of the meeting, participants expressed their interest and continuous support of the regional collaboration.

In support of the CHMN, a 20 minutes documentary was filmed during the field visits in Bulgaria and Belto present at EU and national level the added value tools for developing of an European Network of of health mediation programmes and advocate for Community Health Mediators. The idea behind the their sustainability. A documentary 5 minutes trailer network is to help mediators from different councovering images from the study visit in Bulgaria and tries communicate between each other, discuss casshowcasing the daily work of Bulgarian Roma health es and elaborate problems solving approaches. Even mediators was also produced.

#### 3.3.2. Health mediation platform

The online platform (http:// eurohealthmediators.eu/) was launched in October 2016 having both a global site and national sites, as well as internal forum and space for sharing of resources by all partner programmes. The platform is open for any other programmes/countries who would be interested to join the initiative.

In addition, a pdf book presenting the different mediation models in the EU: Examples of good practices was published online. The text presents the health mediation of project partner countries. A number of partners participated in this initiative: the Federal Public Service for Health (Belgium), the National Network of Health Mediators (Bulgaria), the National Institute for Public Health (Romania), CESPYD University of Seville, FAKALI, Fundación Secratariado Gitano and the Catalonian Public Health Agency (Spain), the Association pour l'Accueil des Voyageurs (France), ACEC (Slovakia), OSI (FYROM) and others

gium/France. The objective of the documentary was opened channels for communication and provided though the community health mediators work in different contexts and have specific job responsibilities, based on local needs and health care systems, the 4 field visits & workshops so far revealed that health mediators across Europe face similar problems and could learn very much from each other's experiences.

> The objective of the network is to act as a platform for communication, increase the visibility of the work of the health mediators and different mediation models in the EU, and provide an opportunity for harmonization of training programmes and implementation of joint training programmes and exchanges.

> The platform is open to all mediation programmes in Europe and provides them with a database for exchange of promotion materials, videos, handbooks translated into multiple languages, as well as link with other EU/regional initiatives on health and mediation.



### 4. MIGRATION HEALTH



This sub-action includes several activities:

- development of MIPEX health strand
- launch a thematic study on cost analysis of nonprovision of healthcare to irregular migrants and ethnic minorities including the Roma (Austria, Belgium, Italy and Spain) and,
- draft of consensus document on access to health services concerning "acceptable standards of healthcare provision" for irregular migrants built on the basis of an evaluation of existing models of healthcare provisions and the thematic study on cost analysis.
- 4.1. Development, piloting and implementation of a health strand as part of the MIPEX

In collaboration with MPG (Migration Policy Group) and COST ADAPT, IOM started the development of MIPEX health strand (www.mipex.eu). The added value of such strand is that it synergizes and optimizes with a well-known data collection and interactive advocacy tool for policy makers in the EU. Cross sectorial analysis is a further benefit and so is the even wider dissemination involving CSOs, DG Home, DG SANTE and other global partners.

The MIPEX Health strand is an instrument for measuring the equitability of a country's policies relating to the health of migrants. This new instrument combines the methodology of MIPEX (the Migrant Integration Policy Index) with the normative framework adopted by the Council of Europe in its Recommendations on Mobility, migration and access to health care (CoE, 2011). The 2015 round of MIPEX covers the following 8 'strands' of integration policy:

- Labour market mobility
- Political Participation
- Family reunion
- Permanent Residence

- Education
- Access to Nationality
- Health
- Anti-discrimination

This is the first time a survey of this type, covering 36 migrant health policy issues in 40 countries<sup>15</sup>, has ever been carried out. During the process of data collection numerous measurement problems came to light, necessitating a revision of the questionnaire. The quality of this instrument had to be as high as we could make it, since it is to be taken over by the MIPEX project which is repeated every five years. Successive measurements have to be comparable, which means that no changes can be made from year to year. This places great demands on the quality of the first version. Secondly, the recruitment of experts and peer reviewers in 40 countries (for some of whom no payment via IOM was provided) was often very difficult and time-consuming. The last of them did not begin their work until the end of 2014. Finally, the process of checking all the questionnaires and agreeing on final scores with the experts ...

Each strand is measured by a questionnaire containing four 'dimensions', with 4-6 questions providing the indicators for each dimension. Each indicator classifies the country's policies on a given topic on a three-point scale. The three scores correspond to:

<sup>&</sup>lt;sup>15</sup> MIPEX encompasses more than 31 MS covered by IOM Equi-Health project.

- the worst case (no policies exist to further mi- the research findings validity and reliability. grant integration);
- development; and
- 100 the best case (policies give migrants the same rights as national citizens).

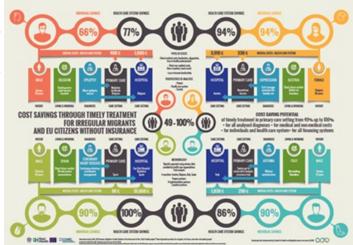
The MIPEX questionnaires were piloted in-kind and in close collaboration with COST ADAPT Network partners in Cyprus, Italy and Norway. MIPEX pilot on health policies was then discussed jointly during a meeting held in Brussels in January 2014. After the piloting, 30 national experts/team of experts<sup>13</sup>, and peer reviewers were recruited thanks to the collaboration with COST ADAPT network.

> "My colleague {...} has reviewed all of the other MIPEX strands and she says that the health comments and scores are the clearest and easiest to understand. This is a testament to all of our time and energy dedicated to clarifying the questionnaire and to corresponding back and forth with the experts and peer reviewers on the proper interpretation of the questionnaire."

(MPG Director, Thomas Huddleston, March 2015)

David Ingleby ensured the technical oversight of this tria, Belgium, Italy, and Spain. immense work of all 31 research teams (incl. one main researcher and one peer reviewer), controlling and consolidating the work done including checking

In addition, a Summary Report on the MIPEX Health 50 a specified intermediate level of policy Strand was published by IOM Research series and 33 Country Reports<sup>14</sup> were produced and uploaded on Equi-Health website. The MIPEX scores are based on the situation at the beginning of 2015, but more recent information has also been included in some of the Country Reports.



### -4.2. Thematic Study on cost analysis of health care provisions to migrants and ethnic minorities

A second document was produced in collaboration with COST working group on "Economic Arguments" which was selected to act as an Advisory Board for the thematic study, which first meeting was held in London in 2014.

Two Expert Working Group meetings were organi- The "Thematic study: Cost analysis of health care zed by COST ADAPT Network in March and Decem- provision for migrants and ethnic minorities" (2014ber 2014 in Lisbon, Spain, to discuss the first results 2015), was commissioned by IOM within the frameof MIPEX and refine the MIPEX Questionnaire and work of the Equi-Health project "Fostering Health Guidelines for completing the MIPEX health strand provision for migrants, the Roma and other vulneraquestionnaire. More than ten revisions have been ble groups". The Center for Health and Migration (Cproduced between the initial draft questionnaires HM) in Vienna designed and conducted the study in and the questionnaires experts filled by the end of 2014-2015, in close cooperation with IOM and pri-2014, based on multiple exchanges, and discussions mary health care and hospital service providers in between COST-ADAPT expert, MPG and IOM. Prof. four European Union (EU) Member States (MS): Aus-

> The countries selected for the study represent two different approaches to financing health care sys-

<sup>&</sup>lt;sup>13</sup> Researchers for Norway and Switzerland worked in kind

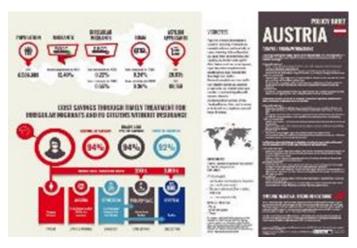
<sup>&</sup>lt;sup>14</sup> Three country reports produced in kind (Bosnia I Herzegovina, Norway, Switzerland)

tems - insurance-based and tax-based, as well as Results obtained through the study demonstrated migrants with access to emergency care.



The study represented an empirical analysis, using a mixed methods approach by combining quantitative services for migrants in an irregular situation: and qualitative methods. The principal objective of the study was to evaluate the economic costs of timely treatment provided to irregular migrants in a This is the third document, result of the close collabprimary health care setting versus the costs of de- oration with COST Action IS1103 ADAPT (Adapting layed treatment in a hospital, the latter occurring most often due to exclusion from the mainstream health care system.

Based on primary data and supplemented with register data, desk research and expert opinion, real-life and comparison vignettes were developed containing short descriptions of scenarios and composed of defined core elements that can be varied systematically to develop different hypothetical cases.



An Infographic on costs of exclusion from healthcare findings and related explanatory note have been further developed and published on Equi-health website as well as on the Centre for Health and Migra- IOM, its partners and the consultants involved in the the thematic study.

two categories of policy regulations on access to that timely treatment in a primary health care health care for irregular migrants - partial access setting is always cost saving when compared to and no access. All four countries provide irregular treatment in a hospital setting. This is true for the direct medical and non-medical costs, as well as the indirect costs. According to cost estimations, at least 49 and up to 100% of direct medical and nonmedical costs of hospitalisation can be saved if timely primary health care is provided to irregular migrants. This is true from the perspective of all three stakeholders: the patient, the third part payer (health care system) and society as a whole.

> In addition, a two and half minute story-driven character-based animation film was produced on the thematic of Cost analysis of health care provision for irregular migrants and EU citizens without insurance.

### 4.3. Recommendations on access to health an expert consensus

European health systems to diversity). The recommendations reflect a consensus that was developed in the course of a series of joint international meetings in 2012-2016 attended by experts on migration, health policy, human rights law, health economics and epidemiology, as well as by representatives of intergovernmental and civil society organizations concerned with migrant health.

Taking into consideration the current political and practical obstacles, this document presents the arguments for improving irregular migrants' access to healthcare services, as well as that of all other groups excluded from proper coverage. It makes twelve specific recommendations followed by brief summaries of the evidence and arguments on which they are based. In addition, it provides an overview of the main related issues, giving a more complete overview of the relevant research studies, reports, international treaties, policy initiatives and debates. This comprises three sections and 11 specific recommendations (provided below): 1) the present situation and its shortcomings; 2) Arguments for change; and 3) practical means of improving access to health services.

tion (C-HM) website to visually present the results of project, have widely disseminated this document to both individual experts and organisations aiming for their endorsement and support. This include individ- including academia, public health institutes, universiual professionals and organisations working and in- ties, research centres, human rights CSO and NGOs, volved in migration, health and human rights issues, as well as other public institutions.

#### Box 7. Recommendations on access to health services for migrants in an irregular situation

- 1. The principle of universal and equitable health coverage should be applied to all persons residing de facto in a country, regardless of their legal status.
- 2. Governments should honour their obligation to implement signed and ratified treaties committing them to uphold health-related rights, and are encouraged to ratify the treaties they have signed. More prominence should be given to the health-related rights of IMs and more legal action should be undertaken to defend these rights.
- 3. In keeping with basic principles of public health, states should grant full access for IMs to all forms of primary care available to nationals.
- 4. In keeping with basic principles of cost effectiveness, governments should take into consideration the increasing amount of evidence that restricting access to primary care in fact costs more money than it saves.
- 5. In accordance with human rights treaties as well as legislation on data protection, privacy and confidentiality of information, reporting of IMs by health workers or service provider organisations to police or immigration authorities should be explicitly prohibited. This prohibition should be strictly enforced and IMs should be given explicit reassurance that such reporting will not take place.
- 6. In accordance with the treaties and directives that Member States have signed and ratified, special attention must be paid to protecting the health-related rights of particularly vulnerable groups such as children, pregnant women and trafficked persons, regardless of whether such persons are residing regularly in the country.
- 7. Increased research efforts are needed to identify the health problems for which IMs are particularly at risk. Existing knowledge about their help-seeking behaviour should be improved, while sound epidemiological methods should be used to estimate the health risks affecting them.
- 8. In order to improve our understanding of the health of IMs, the serious shortage of reliable and up-to-date information about their numbers, living conditions and employment, as well as their demographic and other characteristics, must be remedied urgently by funding and carrying out more research.
- 9. Efforts to combat myths and misunderstandings about IMs should be intensified using all forms of media, especially in relation to health and health care utilization and alleged 'pull' factors. This also involves carrying out more research on the contributions of IMs to societies (for example in the health sector and in home care), and disseminating the results.
- 10. In order to be equitable and politically acceptable, access to health services for IMs should be accompanied by contribution arrangements that will not be perceived as unfairly privileging this group over

- nationals and regular migrants. More work is required to identify appropriate modalities of contribution to services by IMs and their employers.
- 11. As well as improving effective health coverage for IMs, it is essential to ensure that health services are responsive to their special needs and to remove other barriers to reaching care.
- 12. National governments, IGOs, NGOs, CSOs, public health experts and researchers must join forces and present a united front in support of the health-related rights of IMs. The aim should be to integrate IMs fully into mainstream service provisions, while CSOs can continue to perform a vital role in the development, implementation and monitoring of new policies.

### 5. DISSEMINATION

#### 5.1. Production of visibility materials

A project brochure in English, French and Spanish, CHAFEA on 12-13 May 2016. project leaflet as well as posters were designed and vastly disseminated. The project website (http://equi The conference presented the results of the research on health care policies concerning migrants in 38 mainly European countries, as well as advocated for policy changes across Europe to improve



# 5.2. Dissemination at meetings and conferences

IOM introduced the project at more than 80 conferences and meetings with international organizations, academic institutions, the European Commission, EU Member States, including bilateral meeting with MoI and MoH in all the countries involved, and with permanent representations in Brussels, etc.

#### 5.3. Final dissemination event

The joint conference of the project "Fostering Health Provisions for Migrants, Roma and Other Vulnerable Groups" and ADAPT projects, co-organized by IOM and COST Action IS1103 ADAPT (Adapting European health systems to diversity), took place on 11 May 2016 in Lisbon, Portugal (agenda and records of the meeting are available on Equi-Health website). The event preceded the Conference on Migrants and Health Actions funded under the Health Programme



2008-2013 and 2014-2020 organized by the Portuguese Directorate General for Health, DG SANTE and CHAFEA on 12-13 May 2016.

The conference presented the results of the research on health care policies concerning migrants in 38 mainly European countries, as well as advocated for policy changes across Europe to improve access to appropriate health care services for migrants in an irregular situation. Furthermore the outcomes of two of the collaborations between IOM and COST ADAPT were presented at the event. The first was the integration of a Health strand in the fourth edition of the Migrant Integration Policy Index (MIPEX), involving also collaboration with the Migration Policy Group. To supplement these quantitative results, Country Reports were prepared for 34 countries. The second was the draft Consensus Guidelines on access to health services for migrants in irregular situations.

The Conference gathered more than 100 participants coming from different sectors: governments, academia, CSOs, EU. At the end of the meeting, anonymous evaluation questionnaires were distributed amongst participants to assess the organization and content of the event.



Action-theatre, Final Dissemination Event, Lisbon, May 2015

### 6. CONCLUSION



tion of project activities by IOM, all provisioned ele- actions in the field of migration health in the EU (and ments of the work were successfully completed in beyond), therefore ensuring the sustainability/ line with the specific objectives of the project and a impact of the work undertaken. According to findnumber of significant additional outputs were pro- ings from WP4 and WP5, a Personal Health Record duced.

Overall, partners show great appreciation of the work done under the different components of Equi-Health, positive feedback has been received from all involved stakeholders. This is demonstrated by sustained engagement and close collaboration with involved entities beyond the project duration.

> Regarding the added value of the assessments done by IOM, a national stakeholder told the evaluator: " it is a collection of certain information that were unavailable to us before and which will help in better future monitoring of vulnerable groups' health conditions".

(Mid-term evaluation, September 2015)

Regarding the aim of building collaboration of national level, a key governmental stakeholder "Ministry of Interior (MoI) supposed health was not a problem for migrants, what is important was food, where to sleep etc. But because of Equi-Health MoI pay more attention to health needs and they started asking Ministry of Health (MoH) to define health rules for assistance to people in detention centres."

(Mid-term evaluation, September 2015)

As a result of the continuous monitoring and evalua- The Equi-Health project paved the way to further (PHR) and accompanying Handbook for HPs were developed, promoting a systematic assessment of the health of arriving migrants, then followed by the creation of an electronic PHR platform and its subsequent piloting and implementations within the Re-Health IOM/EC DGAs I (2016-2017) and II (2017-2018) for continuity of care and cross border cooperation, as per the EU Directive. In addition, as per findings of the first component, further training sessions for first line respondents continue to be on the EC agenda within two tenders on additional modules (on mental health and communicable diseases) and on roll out of training throughout the EU. Recommendations arising out of the SEUB validated at national and Regional Consultation (as outlined within the SARs), the MIPEX Health strand and the Consensus can well serve to further the Revision of the EU Common European Asylum System; and to advance the 2030 Global Agenda (UHC and the "Leave no one behind" MS commitment) as well as the WHA70.15 Promoting the health of refugees and migrants and be embedded in the Global Compacts.

> Regarding the achievements of the project, the external evaluator noted: "[the project] was an achievement, insofar as it created perhaps for the first time, and integrated network of practice and policy (and expertise) combining both academic, professional and 'non-governmental' (or advocacy) sectors, across minority ethnic, migrant, and 'Roma'"

(Mid-term evaluation, September 2015)

A representative from an international organization expressed: "Timely; innovative and in a complex political environment, able to send important and consistent 'public health' messages. We can only hope that the work will be used for years to come and politics will not water down the public health relevance".

Regarding the sustainability of the project, a German Academic highlighted that: "From this perspective the Equi-Health was a really good project as it goes beyond 'doing a project here and a project there' but is linked to a lasting concept of equity and human rights [...] now we have to keep it living."

(Final evaluation, July 2017)